

# **Summer Time First Aid**

What do you do for cuts and scrapes?

For a dog bite?

For insect bites?

For a burn?

Too much sun?

For a fever when you are camping?

How do you recognize dehydration at a soccer game?

What does poison ivy look like and how do we treat it?

Is there any NATURAL ways to treat these things?

In this fun seminar learn very basic first aid techniques using traditional and naturopathic first aiding protocols.

We will discuss the “must-have” contents of a family first aid kit including important homeopathics to have on hand and when to dispense them.

Please note, this is not a St. John’s Ambulance or Red Cross approved course. This is a course on common sense and natural first aiding techniques.

With Lecturer:  
Dr. Lisa Doran N.D.

**Seating is Limited so please register Early**

## **Locations and Dates for 2007:**

**Thursday June 21<sup>st</sup> – The Barefoot Doctor Naturopathic Clinic 7:00pm – 9:00 pm**  
**Cost: \$30.00**

**To register please call: 416-901-0656 or mail in our registration form**

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## REGISTRATION FORM

### Summer Time First Aid

**Name:** \_\_\_\_\_ **Today's Date:** \_\_\_\_\_

**Mailing Address:** \_\_\_\_\_

**Email Address:** \_\_\_\_\_ **Phone number:** \_\_\_\_\_

**Session you are Registering for:** \_\_\_\_\_

All Fees include light refreshments as well as a note package.

Currently we only accept cheque or cash as payment.

Please mail in a cheque (payable to Lisa Doran) and your registration form to:  
The Barefoot Doctor, 6758 Kingston Road, Unit 6 Scarborough, ON M1B 1G8

or stop by the clinic – we are located at Port Union and the 401 – shared with Sage-Femmes Rouge Valley Midwives.

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